

Selwyn CDC Health Policy

Providing a healthy environment for your child each day is very important. Some of the health practices we partake in each day include strict attention to handwashing, diapering, food preparation and serving, first aid practices, and building maintenance. In the event that your child is ill, the following policies assist us in keeping all of our children healthy.

If your child has any of the below symptoms, we will contact you to pick up your child from the SPCDC. We expect that you will come to get your child as quickly as possible, at maximum 45 minutes from the time you were called, both for the safety of your child and to prevent the spread of illness. If a parent cannot be reached, an emergency contact from your list will be called. In case of contagious illness, a doctor's note will be required before your child can return to school. SPCDC understands that it is difficult for a parent to leave or miss work, therefore it is suggested that backup care for the ill child be arranged in advance.

To determine whether a child is ill, we use our experience, knowledge of illness in the SPCDC, knowledge of your child, and advice from the SPCDC's on-call medical professionals.

Children with the following symptoms must remain home, symptom free without Tylenol, etc. for 72 hours (updated due to COVID-19 guidelines):

- Temperature of 100 or greater
- Vomiting
- Diarrhea or loose stools inconsistent with usual bowel movements
- Any suspicious rash
- Persistent colored nasal discharge lasting longer than five days
- Any contagious illness
- Any symptoms requiring one-to-one care and/or causing severe discomfort
- Any open, oozing sore, bacterial infection and/or bloody gums
- Surgery (e.g., tubes) – child must remain home 24 hours after the time of surgery

If your child becomes sick at school or at home, they are automatically excluded for 72 hours (3 days). They can return after 72 hours as long as they have been fever free for AT LEAST 24 hours without fever-reducing medication, their symptoms have improved, and they can participate in all our daily activities.

If your child has symptoms of COVID they must be evaluated by their pediatrician before returning to school. If a COVID test is recommended, they must stay home until the test results are returned. Symptoms include:

- Fever
- New cough
- shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Sore throat
- Congestion or runny nose
- Headache

When returning to school after an illness, please remember the following:

- Child must be free from fever for 24 hours without medication to return to the SPCDC
- Child must be able to participate in all activities when returning to the SPCDC including outdoor time and large motor activities
- Chicken pox lesions must be completely dry, and the child must have no other symptoms
- Children on prescription medication for a contagious disease must take it for 36 hours before returning to the SPCDC
- A contagious illness (e.g., pink eye) requires a doctor's note to return to the SPCDC

Please Note: **Licensing rule .0804 and Sanitation law .2827 require the School Director and Staff to maintain the health and wellness of all children while they are at the school.** For that reason, admittance back into the school following an absence due to health-related reasons is at the sole discretion of the School Director and/or the Staff. This also applies when a child becomes ill while at school and must leave due to illness.